

THE DESCENT

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Welcome to the second issue of *'The Descent'*. Each new experience opens for us new vistas of understanding. Let us concentrate on following The Mother's experience, "...and the greatest effort was made during those four years in Japan. The four years were coming to an end with an absolute inner certainty that there was nothing to be done—that it was impossible, impossible to do it this way. There was nothing to be done. And I was intensely concentrated, asking the Lord 'Well, I made You a vow to do this, I had said, "Even if it is necessary to descend into hell, I will descend into hell to do it..." Now tell me what, what must I do?...' The Power was plainly there: suddenly everything in me became still; the whole external being was completely immobilized and I had a vision of the Supreme... more beautiful than the vision of *the Gita*. A vision of the Supreme.* And this vision literally gathered me into its arms; it turned towards the West, towards India, and offered me – and there at the other end I saw Sri Aurobindo. It was ... I felt it physically. I saw, saw—my eyes were closed but I saw (twice I have had this vision of the Supreme-- once here, much later – but this was the first time)... ineffable. It was as if this Immensity had reduced itself to a rather gigantic Being who lifted me up like a whisp of straw and offered me. Not a word, nothing else, only that. Then everything vanished.

The next day we began preparing to return to India.

It was after this vision, when I returned from Japan, that this meeting with Sri Aurobindo took place, along with the certainty that the Mission would be accomplished."

(*Perhaps the Mother is alluding to this passage from *Prayers and Meditations* (October 10, 1918): 'My father smiled at me and gathered me in his powerful arms. What could I fear? I have melted into Him and it is He who acts and lives in this body which He Himself has formed for His manifestation.')(The Mother's Agenda-2/406)

(This experience of S.A.Maa Krishna took place while conducting a group meditation in the school premises on 12.11.2000)

Q:- *What happened yesterday evening meditation?*

Yesterday, it was a rare experience in meditation. It took all the children to *Brahman* consciousness. You can ask what happened to them individually. When I started meditation I saw all are in disturbed state.

Exactly at 6.00 p.m. the meditation started (from 6.00 p.m. to 6.30 p.m.). I saw during mediation nothing happened... So in a subtle manner I tried to see with everybody where from disharmony was gathering and three boys P, A & S were creating disharmony.

Yes, during the meditation, I did not undergo deep state. Even though the meditation was not deep but there was also no irritation, because in the whole being a deep Peace was descending. It was Peace not the force, just after sitting in the meditation peace descended, peace entered into the entire body, leading the whole body to a calm state. Even though there was no deep meditation it did not matter much due to the prevailing peace. Peace was descending but the Force was not descending. Peace was different from Force, as Force will press you... Force is such a thing those who have experienced only can feel. As there was Peace there was Ananda also. Then after meditation with my eyes closed I was just concentrating on Sri Aurobindo, and in that time I saw immediately in front of my eye a *Virata Rupa*, the all pervading Sri Aurobindo.

I saw Sri Aurobindo exactly in the shape of *Viswa Rupa* of the *Gita*, only Sri Aurobindo, His supreme Divine form. He was sitting in a chair as he usually sits, but the sitting shape has extended towards the whole earth without beginning and end.

Huge, huge... there was nothing except Him...Nothing except Him, *jagatkrishnam*. He was covering the whole world. He had covered the entire earth. His shape was so *Virata* that nothing was seen without Him.

Q:- *You saw it with your eyes opened or closed?*

Eyes were closed. Then I was seeing blue colour, not blue colour by sky blue colour light along with the Sri Aurobindo.

Q:- *In his body?*

No, I was seeing Sri Aurobindo and that light. Then I wanted to recite a *mantra*. After seeing this *Virata Rupa* lip was dumb founded. After some time I was able to utter O-o-o-m, while uttering O-o-oM, I saw a *Virata OM* (huge shape of OM) replacing Sri Aurobindo. And Sri Aurobindo's shape was vanished. Sri Aurobindo's shape turned into original Sound of existence.

Q:- *Which Mantra you were contemplating?*

Only OM, only OM, with the chanting OM everything turned to OM.

Q:- *Multiple OM?*

No, only one OM, OM was covering everything, the earth. It was a rare and new experience. Only one OM covering everything, *Virata OM*. OM was radiating towards everywhere.

Q:- *Which colour?*

Golden and blue.

Q:- *Blue is in the background?*

Yes, same as I saw Sri Aurobindo.

Q:- *It means OM was written in Golden colour?*

It was radiating in golden colour, it was reddish gold, red colour was also visible. It was radiating towards every side, which I can see even now! Then I tried to repeat a *mantra*, but it was not possible. This OM chanting persisted for some time. Then I was able to repeat this *mantra*:-

'Om Sri Aurobindam charanau saranam prapadye Sri Mata Sri Aurobindaya Namah'

It was difficult to come back to the rhythm of the *mantra*, but after uttering the word *Om Sri Aurobindam Charanau...* torrents of Force rushed in a continuous manner, it was such a torrent that it was a rain fall. It was like rain of Light and Force, I was feeling the force was entering each cell of the body. Not through the head, it was through whole body Force was entering, from every side, top, bottom and all around. While uttering this *mantra* three to four times I observed P who was reciting it without harmony so I directed him to go out of the room. Then the chanting continued. Then I saw A was creating disturbance, so I directed him to go out of the room. I felt as if I have gone completely to another world along with the children. Nobody was having any existence there, only Divine was there. That Force and that Cosmic... that Transcendental force was felt completely. After the descent of the Divine force I observed *Jnana*, the Divine Knowledge was descending continuously. Then I saw near the head of each child the OM.

Q:- *You saw OM near everybody's head?*

Yes. After the descent of Force, *Jnana*, Knowledge, descended. When knowledge descended I started speaking. What I spoke that time I do remember now. Then I saw that near everybody's head the OM has occupied a place. That big all pervading OM slowly entered into everybody in the shape of small Om in the form of *Jnana*.

Then I repeated this *mantra*:-

"Om Aham Brahmasmi" (which means I am *Brahman*)

It was a new experience. I told the children that you all are *Brahman*, we all have come from the Supreme and one-day we will return again to the Supreme. Without Him we do not have any existence. So we all should merge in Him, without That there is no other way. That is why we all are *Brahman*. We are THAT only and nothing else.

Q:- *When you repeat 'Om Aham Brahmasmi' what happened?*

At that time another boy S created disturbance. So I directed S to go out of the room. Then while merged in this *mantra* I again saw another boy Sg. Created disturbance through chanting the *mantra*. But I saw Force is entering the body of Sg., so I indicated him the keep quite. Then I witnessed another rare experience. The OM residing over the forehead of each participant and there after it started moving slowly to their heart centre. When the OM reached the heart centre I saw it extinguished.

Q:- *Was OM entering through the head?*

No, the Om was entering through the fore-head with each individual and vanished near the heart centre. From head the knowledge descended and it took everybody to the realization of the *Brahman*. Up to this I observed that the Divine Force was still descending into the atmosphere. After sitting for ten minutes I saw them one by one coming to me to do *pranam*. While receiving that *pranam* I felt my non-existence and only the Divine is there and I am that *Brahman*. *Brahman* is merging into the *Brahman*. So I witnessed the *Brahman* is doing *pranam* to the *Brahman*. It was 7.30 p.m. and it seemed one and half hour passed very quickly. This experience gave me a lot of strength. I am surrendering this experience at the feet of The Mother and Sri Aurobindo.

Conclusion:- Amit and Srusti of class IV students recounted their experiences in that mediation. Amit saw a big hall where Maa Krishna conducted mediation and The Mother came to her and talked with her. As per his narration the hall was dark and white light was emitting from The Mother's body and they did *pranam* to Her. Srusti saw both The Mother and Sri Aurobindo came walking and sat in the meditation room and she saw behind Sri Aurobindo's head a shining rotating disc.

“...most spiritual experiences of any value cannot be brought before the **tribunal of common mentality** which has no experience of these things and takes its own absence or incapacity as a proof of the invalidity or their non-existence.”
CWSA/22/The Life Divine-677

Sri Aurobindo

“**But this risk** (diffusive movement of spiritual experience) **had to be taken**, for the **expansive movement** was an inherent necessity of the spiritual urge in evolutionary Nature.” CWSA/22/The Life Divine-903

Sri Aurobindo

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